



turninggreen

Green Dorm Checklist

conscious products for conscious humans

Body

Choose natural and organic body products to avoid harmful toxins.

- Bar Soap (Dr. Bronner's, Chagrin Valley Soap, Leef, River Soap)
- Blemish Control (Acure Beauty, Juice Beauty)
- Dental Floss (Dr. Tung, Cocofloss, Tom's of Maine)
- Deodorant (Acure Beauty, EO)
- Face Wash (Acure Beauty, Pacifica, Hauschka)
- Lip Balm (Dr. Bronner's, Weleda)
- Lotion (Acure Beauty, Dr. Bronner's, Everyone)
- Makeup Remover (Acure Beauty, Dr. Bronner's coconut oil)
- Mouthwash (Gaia, Tom's of Maine)
- Perfume (EO, Everyone, Pranarom, Aura Cacia)
- RAZOR (Preserve, Steel Razor, Bambau)
- Scrub (Acure Beauty, Pacifica, Cocokind)
- Shampoo + Conditioner (Acure Beauty, Everyone, Alaffia)
- Shave Cream (Dr. Bronner's)
- Shower Gel/Liquid Soap (Dr. Bronner's, EO, Everyone, Alaffia)
- Sunscreen/SPF (Acure Beauty, Badger, All Good)
- Toner (Acure Beauty, Pacifica)
- Toothbrush (Radius, Bamboo)
- Toothpaste (Dr. Bronner's, Jason, Tom's of Maine)

Sleep

Organic cotton and wool avoids unhealthy chemicals for a healthier night's sleep.

- Bedside Caddy (Eco Trade Company)
- Duvet (Naturepedic, Plushbeds, Made Trade)
- Mattress Topper (Naturepedic, Coyuchi)
- Pillows (Naturepedic, Company Store, Coyuchi)
- Sheets (Naturepedic, Under the Canopy, Company Store)
- Throw Blanket (Under the Canopy)

Bath

Natural and organic products to add to your daily bath routine.

- Bath Mat (Under the Canopy)
- Robe (Under the Canopy, Coyuchi)
- Shower Caddy (Bamboo Goods)
- Shower Shoes (Indosole, Feelgoodz, Third Oak)
- Towels (Under the Canopy, Coyuchi)

Clean

Look for non-toxic, biodegradable, and renewable ingredients.

- All Purpose Cleaner (Dr. Bronner's, Ecos, vinegar/water)
- Dish Soap (Dr. Bronner's, EO, BioKleen, Ecos)
- Disinfectant (Dr. Bronner's, Ecover, Seventh Generation)
- DIY (make your own cleaners with household ingredients)
- Dryer Balls (Public Goods, Coyuchi)
- Glass + Surface Cleaner (Dr. Bronner's, vinegar/water)
- Laundry (Dr. Bronner's, Ecos, Ecover, Greenshield Organics)
- Reusable Cloths (Unpaper towels, Marley's Monsters, old clothes as rags)
- Sponge (Tare Market, Little Plastic Footprint)
- Toilet Bowl Cleaner (Dr. Bronner's, Ecover, vinegar/water)
- Toilet Paper (Natural Value)

Study

Upcycle last year's materials or look for these conscious brands.

- Backpack (Peak Design, Everlane, Keen)
- Binder (Earth's Choice, Samsill)
- Desk Lamp (EkoHunters)
- Folders + Notebooks (100% recycled materials)
- Laptop Sleeve (Graf Lanz, EarthHero, Made Trade)
- Pencils (ForestChoice, PaperMate)
- Pens + Highlighters (Bic, B2P, Onyx & Blue)

Zero Waste

Reduce single-use plastic and disposables with these swaps.

- Containers (Klean Kanteen, U-Konserve)
- Cotton Rounds (Zero Waste Store, Public Goods, EcoRoots)
- Lunch Bag (U-Konserve)
- Reusable Bags (ChicoBag, EcoBags, Fluf)
- Sandwich Bags (U-Konserve, Stasher)
- Straws (Klean Kanteen, U-Konserve)
- Utensils (U-Konserve, EcoVessel)
- Water Bottle/Tumbler (Klean Kanteen, U-Konserve)

Active

Ethically source your gear for a routine that's good for you and the environment.

- Apparel (Athleta, Nau, Face, PACT, Patagonia, PrAna)
- Bike (Citizen, Cannondale, Local bike share rental)
- Shoes (Allbirds, Chaco, Keen)
- Socks (PACT, Giveadam, Maggie's)
- Yoga Mats (Barefoot Yoga, Jade)
- Hats (Urban Native, Jungmaven, Madewell)

Wellness

Keep stress low and a wellness routine sustainable with these items.

- Air Filter (Mila, Molekule)
- Aromatherapy + Essential Oils (EO, Everyone, Pranarom)
- Bug Repellent (Badger, All Terrain)
- Earphones/Headphones (House of Marley, Earth-Budz)
- First Aid Supplies (Grove Collaborative, Gaia, All Terrain)
- Humidifier (Crane USA)
- Poison Oak (All Terrain, Herb Pharm)
- Supplements (Gaia, Seed)

Food, Drinks + Snacks

Eat FLOSN: Fresh, Local, Organic, Seasonal, Nutritious!

- Bars (CLIF, GoMacro, Go Raw, Made Good, Nature's Path)
- Cereal + Granola (Nature's Path, Ezekiel)
- Chips (Que Pasa)
- Chocolate (Alter Eco, Dr. Bronner's, Theo)
- Coffee (Equator, Purity)
- Crackers (Patagonia Provision, Annie's)
- Easy Meals (Amy's Kitchen, Annie's, Lotus Foods)
- Dried Fruits (The Ugly Co)
- Kombucha (Brew Dr., GTS, Health-Ade, Revive)
- Nut Butters (Full Belly Farm, Maranatha)
- Ramen (Lotus Foods)
- Soup (Patagonia Provisions, Amy's Kitchen)
- Thrive Market
- Local Farmers' Market